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International Notes

Nutritional and Health Assessment of Mozambican Refugees in Two Districts of Malawi, 1988

Since January 1987, over 400,000 displaced persons from Mozambique have emigrated to Malawi, a country in southern Africa with a population of 7.9 million people. This mass population migration is considered to be a consequence of armed conflict in Mozambique. Displaced families have settled primarily along the international border in southern Malawi, and several large refugee camps have been established in this area. In May 1988, the Office of the United Nations High Commissioner for Refugees and the Bureau of Refugee Programs of the U.S. Department of State requested assistance from CDC to evaluate the nutritional status of refugees from Mozambique. A nutritional assessment was conducted of Mozambican and Malawian children living in Ntcheu and Nsanje, two districts in Malawi where refugees had concentrated. Additional information was gathered on immunization status and recent diarrheal disease.

The nutrition survey targeted children 6 months to 5 years of age or, if no documentation of age was available, children 65–110 cm in height. Two-stage cluster sampling methods were used (1). The sampling frame for Malawians was based on 1977 census data adjusted for estimated population growth; for Mozambicans, it was based on recent refugee registration lists. Thirty villages or camp sectors in each district were randomly chosen from a cumulative population list. The probability of an individual site being included in the survey was proportional to its population. Within each site, the survey proceeded from a randomly selected starting point to the next nearest household until 30 eligible children were identified. Each child was weighed, measured for height, and examined for signs of vitamin deficiencies.

Evidence of acute undernutrition (<80% of the World Health Organization [WHO]/ National Center for Health Statistics reference median weight-for-height) (2) was similar in Mozambican and Malawian children in both districts, although Mozambican children had slightly higher levels (Table 1). Severe undernutrition (<70% of the median weight-for-height) was found in none and in 0.6% of children in Ntcheu and Nsanje Districts, respectively. In Nsanje District, which had a recent large influx of refugees, undernutrition was less among Mozambican children who had lived in Malawi for ≥3 months than among those who had arrived more recently

(Table 2). More than 95% of refugee families in the two districts (97.1% in Ntcheu, 95.7% in Nsanje) reported receiving food rations during the 4 weeks preceding the survey. Signs of vitamin C deficiency (hemorrhagic gingivitis) were seen only in Ntcheu District (0.2% of children), and signs of vitamin A deficiency were seen only in Nsanje District (0.2% had either a history of night blindness or visible Bitot's spots).

Because diarrhea and measles are important causes of mortality among refugee children (3), these illnesses were also assessed. In the 2 weeks before the survey, 17.7% of refugee children in Ntcheu and 16.6% of those in Nsanje were reported to have had diarrhea. Similar rates of diarrhea were observed in Malawian children. Nearly half (49.8%) of children 12–23 months of age had been immunized against measles (57.9% in Ntcheu, 42.9% in Nsanje). Immunization policy includes an attempt to require vaccinations in families applying for food distribution. In both areas, Mozambican children had substantially higher measles vaccination coverage than Malawian nationals—53% vs. 33% in Ntcheu, 68% vs. 37% in Nsanje.

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Editorial Note: The levels of childhood undernutrition reported here are consistent with levels reported during noncrisis periods from developing countries in Africa (4) and are substantially lower than those reported from other recent refugee situations in Africa and southeast Asia (Table 3). Malawi enjoyed a bountiful harvest in mid-1988, and the ready availability of fruits, vegetables, and grains in the affected districts may have enhanced the nutritional status of both local and refugee populations at the time of the surveys. Continued provision of rations should prevent any worsening of childhood undernutrition, and ongoing surveillance may help detect deterioration in the nutritional status of children as local food supplies diminish during the year. Although the prevalence of Vitamin A deficiency was low, vitamin A prophylaxis (200,000 International Units of vitamin A every 6 months for infants and

TABLE 1. Percentage of children 6 months to 5 years of age who are <80% of median weight-for-height, by nationality and district of residence in Malawi, June–July 1988

	Ntche	u District	Nsanje District			
Weight-for- height	Malawian (n = 474)	Mozambican (n = 387)	Malawian (n = 313)	Mozambican (n = 575)		
<70%	0	0	0	0.9%		
70-74%	0.6%	0.5%	1.0%	2.1%		
75-79%	1.1%	1.6%	2.2%	3.1%		
Total<80%	1.7%	2.1%	3.2%	6.1%		

TABLE 2. Percentage of median weight-for-height for Mozambican children 6 months to 5 years of age, by length of residence in Malawi, June–July 1988

	Ntcheu	District	Nsanje District			
Weight-for- height	<3 months (n = 17)	≥3 months (n = 370)	<3 months (n = 99)	≥3 months (n = 475)		
<70%	0	0	3.0%	0.4%		
Total <80%	0	2.4%	12.1%	4.8%		

Nutritional and Health Assessment - Continued

children, for lactating women, and for women beyond the first trimester of pregnancy) is indicated, according to WHO guidelines (8).

Measles and diarrhea are major causes of childhood morbidity and mortality in refugee populations. Childhood immunization levels reported here are unlikely to prevent further measles outbreaks. Despite attempts to link childhood immunizations to food distributions, reinforced efforts will be required to improve coverage levels in susceptible children. In addition to the current policy of providing measles immunization to susceptible Mozambican children >6 months of age at the time of registration, other recommendations included immunizing susceptible children at every health contact and assuring the immunization status of severely undernourished children enrolled in therapeutic feeding programs. To lower diarrheal morbidity and mortality, early detection of diarrheal illness and treatment with oral rehydration therapy was also emphasized.

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TABLE 3. Percentage of sampled children with moderate/severe undernutrition in areas with recent mass population migrations

Country (date)	<80% weight-for-height
Malawi* (June 1988)	
Ntcheu (n = 387)	2%
Nsanje (n = 575)	6%
Thailand (November 1979)	
Sakeo (5)	18%
Khao-I-Dang (6)	5%
Somalia (May 1980)†	
Sabacad	35%
Amalow	24%
Malke Hiday	26%
Sudan (January 1985) (7)	
Wad Sherife	52%
Wad Kowli	32%

^{*}Includes Mozambican children only.

[†]CDC. Unpublished data.

Current Trends

Sudden Infant Death Syndrome as a Cause of Premature Mortality — United States, 1984 and 1985

Of the 10 leading causes of years of potential life lost before age 65 (YPLL), three occur primarily in the first year of life: congenital anomalies ranked fifth, prematurity ranked sixth, and sudden infant death syndrome (SIDS) ranked seventh (1). The previous report on SIDS included preliminary estimates of 1984–1986 YPLL associated with SIDS (2). This report, based on final mortality data, compares estimates of SIDS-associated YPLL by race and sex for 1984 and 1985 with those for 1980–1983.

To estimate YPLL for SIDS as reported in Table V (3), national death certificate data were compiled from the National Center for Health Statistics (NCHS), CDC, national mortality computer tapes. Deaths were attributed to SIDS if both the underlying cause of death was classified as category 798.0 (according to the International Classification of Diseases, Ninth Revision [ICD-9]) and the death occurred during infancy (<1 year of age). SIDS was divided into groups by race* and sex of infant. YPLL was calculated by averaging the age at death for each subgroup[†] for this study period. Because trends in YPLL from infant deaths are affected by the annual number of live births, the average annual SIDS-attributable YPLL per 1000 live births was also calculated.

In 1984, 5245 SIDS cases were reported, accounting for 339,517 YPLL (Table 1). Similarly, in 1985, 5315 SIDS deaths were reported, accounting for 344,114 YPLL. In both years, SIDS was the seventh leading cause of YPLL (1).

Males accounted for 61% of SIDS-attributable YPLL for 1984–1985 (Table 1), and white males had the highest proportion (44%) of SIDS-attributable YPLL for this period. Seventy percent of SIDS-attributable YPLL occurred among whites, 26% among blacks, and 3% among Native American and other races. The average annual YPLL rates per 1000 live births were highest for blacks and Native Americans (Table 2). However, rates for all racial/sex groups except white males and others (not including Native Americans) decreased slightly from those for 1980–1983.

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Editorial Note: To decrease or eliminate misdiagnoses, the term "SIDS" was defined by the Second International Conference on Causes of Sudden Death in Infants held in Seattle, Washington, in 1969 (4). Formerly called a "crib death" or "cot death," SIDS is now defined as "the sudden death of any infant or young child which is unexpected by history, and in which case a thorough postmortem examination fails to demonstrate an adequate cause of death" (4). Confirmation of SIDS requires a thorough history, a postmortem examination, and a death scene investigation (5,6). Although a postmortem examination is needed to diagnose SIDS, the percentage of autopsyconfirmed diagnoses varies by state. Data from the NCHS mortality tapes from 1980 to 1985 show that the autopsy rate has increased overall during this time. In 1980, the SIDS autopsy rate by state ranged from 10% to 100% (median: 82%). By 1984, it had increased to 25%–100% (median: 92%), and by 1985, to 47%–100% (median: 93%).

^{*}This is the first report that divides YPLL for persons of other races into Native Americans (American Indians, Aleuts, and Eskimos) and others (Chinese, Japanese, Hawaiian, Filipino, and others).

others).

TYPLL = T (65-[A/365.25]), where T = total number of infant deaths for subgroup (year, race, and sex) and A = average age at death in days for that subgroup.

SIDS - Continued

TABLE 1. Years of potential life lost before age 65 (YPLL) due to sudden infant death syndrome, by race, sex, and year — United States, 1984 and 1985

	15	984	15	985
Race and sex	Deaths	YPLL	Deaths	YPLL
White				
Male	2,295	148,561	2,390	154,739
Female	1,361	88,102	1,367	88,513
Total	3,656	236,663	3,757	243,252
Black				
Male	799	51,715	775	50,179
Female	640	41,431	582	37,674
Total	1,439	93,146	1,357	87,853
Native American*				
Male	47	3,042	53	3,429
Female	33	2,136	49	3,173
Total	80	5,178	102	6,602
Other [†]				
Male	35	2,265	60	3,882
Female	35	2,265	39	2,525
Total	70	4,530	99	6,407
All				
Male	3,176	205,583	3,278	212,229
Female	2,069	133,934	2,037	131,888
Total	5,245	339,517	5,315	344,114

^{*}American Indians, Aleuts, and Eskimos.

TABLE 2. Average annual years of potential life lost due to sudden infant death syndrome per 1000 live births — United States, 1980–1983, 1984–1985

Race and sex	1980-1983	1984-1985
White	81	81
Male	97	100
Female	65	61
Black	168	151
Male	185	167
Female	151	134
Native American*	152	140
Male	162	152
Female	142	128
Other*	44	48
Male	51	52
Female	38	43
All	95	92
Male	110	110
Female	79	73

^{*}American Indian, Aleuts, and Eskimos.

^{*}Chinese, Japanese, Hawaiian, Filipino, and others.

^{*}Chinese, Japanese, Hawaiian, Filipino, and others.

SIDS - Continued

Appropriate investigation and diagnosis of SIDS may assist in allocating health-care resources for prevention programs.

Although the continuing high male:female ratio of YPLL is consistent with findings of most epidemiologic studies of SIDS (7,8), the slight increases in YPLL rates among white males since 1980–1983 should be monitored to determine a possible emerging trend. These findings underscore the usefulness of evaluating trends in YPLL that are based on the annual number of live births in any given group.

Despite a decline in YPLL per 1000 live births for blacks, racial differences in SIDS-attributable YPLL remain a concern. The 1984–1985 rate of SIDS-attributable YPLL for blacks was 1.9 times, and for Native Americans, 1.7 times that for whites. This discrepancy was also demonstrated in a study of birthweight-specific infant mortality among Native Americans. Native Americans had a SIDS postneonatal mortality risk 3.5 times that of whites (9). These data suggest a need for further investigation of race and gender differences for SIDS.

(Continued on page 652)

TABLE I. Summary - cases of specified notifiable diseases, United States

	421	nd Week End	ding	Cumulati	re, 42nd We	ek Ending
Disease	Oct. 22, 1968	Oct. 24, 1987	Median 1983-1987	Oct. 22, 1988	Oct. 24, 1987	Median 1983-1987
Acquired Immunodeficiency Syndrome (AIDS)	751	U*	162	24,900	15,589	6,416
Asaptic meningitis	297	240	296	5,125	9,369	8,454
Encephalitis: Primary (arthropod-borne						
& unapec)	19	22	41	633	1,074	1,043
Post-infectious	2	2	1	104	89	90
Gonorrhea: Civilian	13,611	13,763	18,377	557,926	625,662	715,602
Military	218	187	463	9,385	13,059	17,105
Hepatitis: Type A	468	441	468	20,322	19,838	18,073
Type B	362	471	477	18,022	20,503	20,755
Non A, Non B	43	46	72	2,047	2,431	2,866
Unspecified	36	37	110	1,750	2,517	4,104
Legionellosis	18	28	17	757	786	603
Leprosy	4	14	4	125	172	200
Malaria	21	11	21	797	743	778
Messles: Total [†]	38	31	25	2,420	3,465	2,574
Indigenous	21 38 30	11 31 22	21 25 17	2,176	3,050	2,147
Imported	8	9	2	244	415	294
Meningococcal infections	28	51	40	2,298	2,350	2,213
Mumps	51	94	55	3,773	10,987	2,679
Pertussis	63	46	50	2,186	2,048	2,048
Rubella (German measles)	1		3	183	314	574
Syphilis (Primary & Secondary): Civilian	891	753	617	32,536	28,574	22,535
Military	1	1	3	131	134	141
Toxic Shock syndrome	8	9	9	278	280	310
Tuberculosis	383	376	406	17,074	17,081	17,171
Tularemia	3	6	4	156	173	173
Typhoid Fever	11	9	9	309	273	297
Typhus fever, tick-borne (RMSF)	11 22 65	12	12	587	558	679
Rabies, animal	65	70	107	3,503	3,912	4,429

TABLE II. Notifiable diseases of low frequency, United States

	Cum. 1988	-	Cum. 1988
Anthrax		Leptospirosis (Upst. N.Y. 1, Hawaii 5)	34
Botulism: Foodborne (Alaska 1)	19	Plague	34 14
Infant	28	Poliomyelitis, Paralytic	
Other	3	Psittacosis (Mich. 1, Calif. 1)	73
Brucellosis (Celif. 1)	53	Rabies, human	
Cholera	4	Tetanus (Ala. 1, Calif. 1)	43
Congenital rubella syndrome	3	Trichinosis	38
Congenital syphilis, ages < 1 year Diphtheria	302		

^{*}Because AIDS cases are not received weekly from all reporting areas, comparison of weekly figures may be misleading.

Seven of the 38 reported cases for this week were imported from a foreign country or can be directly traceable to a known

TABLE III. Cases of specified notifiable diseases, United States, weeks ending October 22, 1988 and October 24, 1987 (42nd Week)

		Aseptic Menin-	Encep	halitis	Con	rrhea	H	epatitis (\	/iral), by t	ype	1 tot	
Reporting Area	AIDS	Menin- gitis	Primary	Post-in- fectious	(Civ	ilian)	A	В	NA,NB	Unspeci- fied	Legional- icais	Lepros
	Cum. 1986	Cum. 1988	Cum. 1988	Cum. 1986	Cum. 1988	Cum. 1987	Cum. 1968	Cum. 1988	Cum. 1988	Cum. 1988	Cum. 1988	Cum. 1988
UNITED STATES	24,900	5,126	633	104	557,926	625,662	20,322	18,022	2,047	1,750	757	125
NEW ENGLAND	1,051	330	23	4	17,514	19,368	687	954	105	73	44	15
Maine	26	15	2		336	566	17	45	4	1	4	
N.H.	32	38	1	3	211	329	40	64	7	4	4	-
Vt. Mass.	10 583	140	6	1	5,922	183 6,764	13 323	32 590	71	49	30	14
R.I.	67	70			1,609	1,765	76	68	10	-	3	1
Conn.	333	46	6	*	9,336	9,761	218	155	7	15		
MID. ATLANTIC	8,365	484	51	4	88,392	97,151	1,489	2,577	148	233	186	8
Upstate N.Y.	1,083	308	32	1	12,703	14,132	609	622	58	19	74	
N.Y. City	4,641	115	8	3	37,414	50,272	283	1,057	13	165	35	7
N.J. Pa.	2,018 623	61	11	*	12,459 25,816	13,457 19,290	316 281	609 289	51 26	35 14	40	1
											37	
E.N. CENTRAL Ohio	1,785	847 297	158	12	93,718	96,003	1,347	1,922	181	96	171	4
Ind.	80	297 85	54 18	3	21,173 7,120	21,028 7,385	284 141	434 285	30 19	17	63 20	
III.	828	85	32	9	28,055	28,925	393	419	63	22	20	3
Mich.	374	342	40		30,220	30,248	328	506	46	34	54	
Wis.	92	38	14	-	7,150	8,417	201	218	23	3	34	1
W.N. CENTRAL	606	210	47	11	23,673	25,444	1,165	837	91	29	63	1
Minn.	134	29	11	3	3,188	3,823	87	112	18	3	3	
lows	35	32		3	1,766	2,448	42	76	13	2	16	
Mo. N. Dak.	312	82	1 4		13,512	13,435	698	490	41	15	15	
S. Dak.	5	16	5	2	413	508	12	4	2	5	14	*
Nebr.	33	11	10	2	1,340	1,644	46	40	2			
Kans.	83	40	7	1	3,311	3,348	274	106	12	4	9	1
S. ATLANTIC	4.311	1,134	98	38	158,141	163,689	1,926	3.716	311	255	116	1
Del.	60	34	3		2,498	2,786	37	117	7	3	13	
Md.	453	168	8	3	16,547	18,651	248	577	35	24	17	1
D.C.	397	17	1	1	11,742	10,882	16	38	3	1	.1	
Va. W. Va.	314 16	148	32 22	4	11,605 1,096	12,162	318	252 61	65	163	10	
N.C.	229	135	21		21,754	24,069	264	657	73	3	30	
S.C.	151	18		1	12,506	12,875	37	432	11	5	20	
Ga.	567	132	.1	2	30,058	29,372	502	532	12	6	15	
Fla.	2,134	450	10	27	50,335	51,700	490	1,060	102	50	10	
E.S. CENTRAL	636	340	55	8	44,939	47,406	663	1,158	153	12	43	2
Ky.	81	120	17	1	4,525	4,772	447	242	55	2	18	
Tenn.	293 171	149	15 23	2	15,457	16,525 15,092	142	529 295	38	9	8	2
Miss.	91	30	23	5	13,574	11,016	26	92	10	1	13	2
W.S. CENTRAL	2,149	856	72	3			-					
Ark.	72	14	5	3	6,021	71,731 8,136	2,467 290	1,646	179	438 17	18	24
La.	302	103	21	1	11,895	12,413	119	292	24	12	6	1
La. Okia.	100	60	4		5,756	7,741	424	144	38	23	9	
Tex.	1,675	479	42	2	36,535	43,441	1,634	1,120	113	386		23
MOUNTAIN	714	179	24	3	11,640	16,525	2,682	1,299	213	140	36	1
Mont.	11	4			363	462	.34	45	10	4	1	
Idaho Wyo.	9	1			284 160	590 363	118	87	6	4	-	
Colo.	253	96 66	3		2,428	3,714	181	12 162	63	64	3	1
N. Mex.	36	15	2	1	1,179	1,813	459	185	17	1	3	
Ariz.	232	54	10	1	4,213	5,585	1,430	513	59	44	13	
Utah	54	22	4	1	442	504	260	106	36	18	3	-
Nev.	113	16	5		2,581	3,494	195	189	19	5	5	
PACIFIC	5,283	945	106	21	59,702	88,346	7,897	3,913	686	474	80	60
Wash. Oreg.	342 143		7	4	5,496 2,636	7,296	1,797 1,118	683 477	162 70	56 21	17	4
Calif.	4,691	832	93	17	50,182	75,614	4,528	2,680	424	386	59	52
Alaska	16	22	3		869	1,411	445	48	6	6		1
Hawaii	91	91	2		519	688	9	45	4	5	3	11
Guam	1				122	165	9	13		2	1	5
P.R.	1,158	64	4	1	1,085	1,633	46	229	40	37		3
V.I.	32				363	224	1	6	2			
Amer. Samoa					65	70	3	2		5		2
C.N.M.I.					39		1	3		4		1

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending October 22, 1988 and October 24, 1987 (42nd Week)

	Malaria		Meas	les (Rut			Menin- gococcal	M	mps		Pertunal			Ruballa	
Reporting Area		Indig	enous	Impo	rted*	Total	Infections				renusei			nuuuiia	
	Cum. 1988	1988	Cum. 1988	1988	Cum. 1968	Cum. 1987	Cum. 1988	1988	Cum. 1988	1968	Cum. 1986	Cum. 1987	1968	Cum. 1988	Cum. 1987
UNITED STATES	797	30	2,178	8	244	3,465	2,298	51	3,773	63	2,186	2,048	1	183	314
NEW ENGLAND	62		82		50	279	197		115	2	162	138		9	1
Maine	3		7		-	3	8		-		11	27		-	1
N.H. Vt.	3 4	•	67	-	44	162	22 14		103		46	36	-	5	*
Mass.	31		1		2	64	88		7	-	57	42		3	
R.I.	6	-			-	2	21		-		15	3	-	1	
Conn.	15		7	*	4	22	44		-	2	20	26			-
MID. ATLANTIC	135	5	809	1	48	579	233	8	321	3	169	234		14	11
Upstate N.Y.	34 74	-	19	-	18	462	110	5	101	3	100	135		2 .	
N.Y. City N.J.	11	1	45 217		11	39	58 63	2	44	-	5	14	-	7	1
Pa.	16	4	528	15	14	38	2	1	81	-	56	77	-	2	
E.N. CENTRAL	42		138		48	348	316	5	766	2	227	231		30	37
Ohio	10		2		23	5	113		113	1	49	57		1	37
Ind.	3		87				26	-	71		72	16			
988.	2		55		16	168	67	2	285	1	36	16	-	25	26
Mich.	23		24		5	29	72	3	190	-	34	46	*	4	9
Wie.	4			-	4	148	38	•	107	-	-	96	-	-	2
W.N. CENTRAL	17		11	-	2	230	84	2	126	2	114	128		2	1
Minn.	5 2		10		1	39	19		33	1	49 22	13	-	*	
lowa Mo.	6		1		1	189	20	1	33	1	20	55 31			1
N. Dak.						1	2.0		-		11	12			
S. Dak.				*			4		1		5	3	-		
Nebr.	1			*			12		11	*		1	-	-	
Kans.	3	*		*	*	1	20	1	48		7	13		2	
S. ATLANTIC	102	10	374	*	19	156	397	11	604	1	217	287		17	18
Del. Md.	.1		11			32	48				7	5	-		2
D.C.	15 12		11		3	1	48	1	105 243	1	36	17	-	1	3
Va.	16	7	198		2	1	45	10	129		21	49		11	i
W. Va.	1		6				7		14		8	39	-		
N.C.	13			*	4	6	62		49		61	116	-		1
S.C. Ga.	9 5		*			2 9	35 61		5 28		36	23		2	2
Fis.	30	3	159		10	99	129		31		47	38	-	3	8
E.S. CENTRAL	15		56		-	6	221	1	434	2	92	41		2	3
Ky.			35				49		208		12	2		*	2
Tenn.			1				123	1	209	-	29	12		2	ī
Ala.	10	*				4	35		14	2	48	21			*
Miss.	6		20	*		2	14	N	N	-	3	6		•	
W.S. CENTRAL	67		14		3	448	156	15	741	42	168	258		11	11
Ark.	10		*	*	1	*	20	4	99		22	12		4	2
La. Okia.	10					ā	18	1	272 196	1	17 61	149		1	5
Tex.	43		6		2	444	74	10	174	41	68	51			4
MOUNTAIN	39		117	7	28	495	66		180	3	638	169			24
Mont.	- 8		5	71	26	128	2		2		2	6			8
Ideho	2				1		8		3	2	306	62			1
Wyo.		*				2			4	1	2	- 6			1
Colo. N. Mex.	14	*	112		1	317	16 11	84	30 N		20 46	57	*	2	
Ariz.	10	-			-	35	18	N	120		238	30			4
Utah	4					1	9		7		25	8		3	10
Nev.	2		-		*	3	2	*	14		1			1	
PACIFIC	318	15	575		46	924	628		486	6	409	562	1	92	208
Wash.	19		7			44	57	3	48	4	105	80			2
Oreg.	12	2	6		2	91	36	N	N		44	65			2
Calif. Alaska	274	13	558	- 1	36	785	512	5	400	1	206	201	1	64	133
Hawaii	10		3			4	17		15	1	48		-	28	69
Guam					_	-					-				
P.R.	2		190		1	786			2 9	1	15	16		3	3
V.I.	-					- 00			31		10	10			1
Amer. Samoa						1		-	3						
C.N.M.I.	1		-				- 1		2				-	-	

^{*}For messles only, imported cases includes both out-of-state and international importations.

N: Not notifiable U: Unavailable ¹International ⁸Out-of-state

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending October 22, 1988 and October 24, 1987 (42nd Week)

Reporting Area	Syphilis (Primary &	(Civilian) Secondary)	Toxic- shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borns) (RMSF)	Rabies Anima
	Cum. 1988	Cum. 1987	Cum. 1988	Cum. 1988	Cum. 1987	Cum. 1988	Cum. 1968	Cum. 1988	Cum. 1968
UNITED STATES	32,536	28,574	278	17,074	17,081	156	309	587	3,503
NEW ENGLAND	934	491	20	452	526	4	30	12	15
Maine N.H.	12	1	4	22	22	-			1
Vt.	6	3 2	4 2	8	18		1		5
Mass.	344	231	8	261	294	3	17	7	
R.i. Conn.	29 540	10 244	2	36 121	50 132	1	5 7	3	9
MID. ATLANTIC	8.025	5.387	39	3,417	2.983		62	17	386
Upstate N.Y.	472	207	21	447	405		11	10	41
N.Y. City	5,690	3,997	6	1,888	1,428		38	6	
N.J. Pa.	779 1,084	564 619	3 9	526 556	556 594		11 2	i	13 332
E.N. CENTRAL	920	745	43	1,890	1,896	1	29	61	131
Ohio	86	84	29	349	349		7	39	5
Ind.	46	50	1	189	188		2	2	28
Mich.	425 340	401 158	12	817 451	839 435	i	14	7 2	29 34
Wis.	23	52		84	85		2	1	35
W.N. CENTRAL	190	154	35	431	490	71	4	89	401
Minn.	17	15	5	73	96	3	2	2	116
Mo.	18 121	26 72	6	45 215	32 266	43	2	63	13
N. Dak.	1	1	3	14	9	1	-	63	20 93
S. Dak.		11	3	26	23	16	-	7	112
Nebr. Kana	27 6	10 20	6	12 48	23 41	6		26	15 32
S. ATLANTIC	11,437	9.815	18	3,637	3,661	5	32	192	1,198
Del.	87	63	1	34	35	2	-	1	40
Md.	579	512	3	363	322		1	23	274
D.C. Va.	565 360	292 257		162 329	135 362	2	12		304
W. Va.	35	10		62	84		1	16	87
N.C.	636	557		388	423		1	103	
S.C. Ga.	2,046	618 1,373	3	399 590	381 628	:	:	22	103
Fla.	6,541	6,133	3	1,320	1,291	1	13	21	235 130
E.S. CENTRAL	1,650	1,550	22	1,390	1,524	9	3	82	258
Ky.	53	17	9	318	347	5	1	28	105
Tenn. Ala.	733 474	594 414	10	416 430	450 456	3	i	37 10	69 77
Miss.	390	525		228	271	1	i	7	5
W.S. CENTRAL	3,501	3,563	28	2,173	2,014	47	8	128	459
Ark.	193 681	214 656	2	248 288	248	29	:	24	71
La. Okia.	127	135	9	208	222 193	15	4	87	30
Tex.	2,500	2,558	17	1,451	1,353	3	4	15	351
MOUNTAIN	649	558	33	458	611	11	8	11	326
Mont. Idaho	3	9	:	19	11		1	6	178
Wyo.	í	5 3	5	18	28	2		1 3	11 37
Colo.	84	97	3	67	133	5	3	1	28
N. Mex. Ariz.	43 127	48 263	14	202	78	2	1		11
Utah .	14	22	9	18	211	1	3		36
Nev.	374	111		50	26				16
PACIFIC	5,230	6,311	40	3,228	3,476		133	5	331
Wash. Oreg.	178 243	129 249	5	184	201	1	12	1	
Calif.	4,772	5,918	33	127 2,753	100 2,968	1 4	111	3	321
Alaska	11	3		37	51	2			10
Hawaii	26	12	1	127	158	-	3		-
Guam P.R.	3 576	757		21 188	28 258		6		
V.I.	1	9		6	208			:	60
Amer. Samoa				3	8		1		
C.N.M.I.	1			17		-			

U: Unavailable

TABLE IV. Deaths in 121 U.S. cities,* week ending October 22, 1988 (42nd Week)

	-	All Cas	1986, B	y Age	Years)		P&I**			All Cau	ses, B	y Age	(Years)		PBI
Reporting Area	All	>65	45-64	25-44	1-24	<1	Total	Reporting Area	All Ages	>65	45-64	25-44	1-24	<1	Tot
IEW ENGLAND	671	461	145	36	17	12	48	S. ATLANTIC	1,412	834	312	159	47	60	
loston, Mass.	179	110	39	14	10	6	18	Atlanta, Ga.	164	98	31	22	4	9	9
ridgeport, Conn.	30	19		2	1			Baltimore, Md.	264	149	63	29	14	9	
ridgeport, Conn. Cambridge, Mass.	35	30	4	1		-	6	Charlotte, N.C.	77	47	15	9	1	5	
all River, Mass.	35	22	10	3			1	Jacksonville, Fla.	133	84	30	11	4	4	
artford, Conn.	84	54	17	8	4	1	3	Miami, Fla.	137	67	43	21	2	4	
owell, Mass.	38	26	11	1			2	Norfolk, Va.	50	38	7	3		2	
mn, Mass.	16	13	2	1				Richmond, Va.	96	56	26	8	3	3	
ew Bedford, Mass.	19	18	1			-	1	Savannah, Ga.	46	23	13	6	3	1	
ew Haven, Conn.	29	18		2			3	St. Petersburg, Fla.	92	64	14	4	1	9	
rovidence, R.I.	41	32	6	1	1	1	3	Tampa, Fla.	52	29	14	6		3	
omerville, Mass.	9	6	3				2	Washington, D.C.	267	154	51	38	14	10	
pringfield, Mass.	60	42	13	2		3	6		34	25	5	2			
laterbury, Conn.	22	14	8	-		-	2	Wilmington, Del.	-		-	_	1	1	
forcester, Mass.	74	57	14	1	1	1	1	E.S. CENTRAL	749	470	159	70	24	26	
		-						Birmingham, Ala.	160	87	34	22	9		
IID. ATLANTIC	2,761	1,777	551	271	67	94	129	Chattanooga, Tenn.	69	48	8	6	5	2	
Ibany, N.Y.	45	32	- 6	3	1	3		Knoxville, Tenn.	61	42	14	1	2	2	
llentown, Pa.	20	14	- 4	1	1			Louisville, Ky.	98	56	29	10	-	3	
uffalo, N.Y.	100	60	30	6	1	3	6	Memphis, Tenn.	146	102	30	9	4	1	
amden, N.J.	50	34	6	2	3	5	2	Mobile, Ala.	40	28	6	2	-	4	
lizabeth, N.J.	29	21	- 4	2	1	1	3	Montgomery, Ala.	52	34	12	4	1	1	
rie, Pa.†	44	40	3	1		-	5	Nashville, Tenn.	123	73	26	16	3	5	
ersey City, N.J.	88	44	14	9			2								
I.Y. City, N.Y.	1,426	893	286	173	30	44	53	W.S. CENTRAL	1,716	1,029	406	176	59	43	
lewark, N.J.	79	30	24	18	5	2	5	Austin, Tex.	55	29	13	10	2	1	
aterson, N.J.	34	17	8	4	3	2	2	Baton Rouge, La.	36	26	6	2	1	1	
hiladelphia, Pa.	396	250	83	30	10	23	20	Corpus Christi, Tex.§	48	37	10	1		19	
ittsburgh, Pa.1	75	48	12	9	2	4	1	Dallas, Tex.	189	98	54	25	6	5	
leading, Pa.	27	25	2		-		2	El Paso, Tex.	54	29	20	3		2	
lochester, N.Y.	111	81	20	4	2	4	11	Fort Worth, Tex	112	64	24	11	4	9	
chenectady, N.Y.	12	9	3	-	-	-	**	Houston, Tex.5	736	436	170	90	24	16	
icranton, Pa.†	43	36	5	2			6	Little Rock, Ark.	66	45		2	3	2	
yracuse, N.Y.	101	69	20	5	5	2	6	New Orleans, La.	92	52	21	10	6	3	
Trenton, N.J.	39	24	12	1	1	1	2	San Antonio, Tex.	174	114		10	8	3	
Jtica, N.Y.	21	19	1		1		4	Shreveport, La.	56	33		6	3		
onkers, N.Y.	41	31	8	1	1		3	Tulsa, Okla.	98	66		6	2	1	
			-				-	MOUNTAIN	-	404	149				
.N. CENTRAL	2,335	1,550		170	48	77	117		690	424		58	34	25	
Ukron, Ohio	75	48	19	4	2	2	3	Albuquerque, N. Mer		50		4	10	1	
Canton, Ohio	38	26	8	3		1	2	Colo. Springs, Colo.	37	23		1		1	
Chicago, III.§	564	362	125	45	10	22	16	Denver, Colo.	147	86		15	3	11	
Incinnati, Ohio	177	113	46	9	3	6	9	Las Vegas, Nev.	115	70		14	3	2	
Cleveland, Ohio	166	106	40	12	4	4	11	Ogden, Utah	25	16		2			
Columbus, Ohio	122	82	22	12		6	2	Phoenix, Ariz.	129	76		8	12	6	
layton, Ohio	112	82	19	8	1	2	4	Pueblo, Colo.	24	18					
Detroit, Mich.	254	148	57	28	11	10	7	Salt Lake City, Utah	51	28	10	6	4	3	
vansville, Ind.	44	31	8	4		1	3	Tucson, Ariz.	87	57	19	8	2	1	
ort Wayne, Ind.§	52	37	11	3		1	2	PACIFIC	2,101	1,375	364	216	88	46	
Sary, Ind.	15	9	4	2			3	Berkeley, Calif.	21	1,3/5		4	00	1	
Grand Rapids, Mich		46		3	1	4	10	Fresno, Calif.	93	72		5	2	3	
ndianapolis, Ind.	165	96		13	4	8	8	Glendale, Calif.	36	28		1	2		
Madison, Wis.	39	30		3	1	1	2			60			-	1	
filwaukee, Wis.	146	109		8	1	2	8	Honorulu, Hawaii	90			8	6		
eoria, III.	41	32		1	2	1	7	Long Beach, Calif.	93	54		14	5	6	
Rockford, III.	41	29		2			á	Los Angeles Calif.	616	379		62	37	10	
South Bend, Ind.	51	34		3	2	2	5		72	44		9	2	1	
oledo, Ohio	97	73			3	4	4		29	19		.1		1	
		57						rortiaria, oreg.	129	87		11	5	6	
oungstown, Ohio	70	5/	9	2	2	-	2		141	105		8	6	1	
W.N. CENTRAL	809	561	141	57	22	27	19	San Diego, Calif.	153	97		18	9	6	
Des Moines, Iowa	63	42			1	2	5	San Francisco, Calif.		94		29	3	1	
Duluth, Minn.	34	25			1	-	3	San Jose, Calif.	178	127			6	4	
Cansas City, Kans.	39	21		6	1	2	9	Seattle, Wash.	180	114		26	5	2	
Kanses City, Mo.	103	70			1	2	2		59	44		3	2	3	
Lincoln, Nebr.	47	35			3	2	2		51	39					
Minneapolis, Minn.	171	107			7	4	2						40-		
Omaha, Nebr.	97	66			,		2	TOTAL	13,244	8,481	2,717	1,213	406	410	
					2	4	2								
St. Louis, Mo.	126	96			1	6									
St. Paul, Minn.	58	42			4	4									
Wichita, Kans.§	71	54	14	1	1	1	3								

^{*}Mortality data in this table are voluntarily reported from 121 cities in the United states, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

**Pneumonia and influenza.

**Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week.

**Complete counts will be available in 4 to 6 weeks.

**Data not available. Figures are estimates based on average of past available 4 weeks.

TABLE V. Estimated years of potential life lost before age 65* (YPLL) and causespecific mortality, by cause of death — United States, 1986

Cause of mortality (ICD, 9th Revision)	YPLL for persons dying in 1986	Cause-specific mortality, 1986 [†] (rate/100,000)
All causes		
(Total)	12,054,242	870.8
Unintentional injuries ⁵		
(E800-E949)	2,371,024	39.7
Malignant neoplasms		
(140-208)	1,821,682	193.3
Diseases of the heart		
(390-398,402,404-429)	1,534,607	318.7
Suicide/Homicide		
(E950-E978)	1,342,693	22.0
Congenital anomalies		
(740-759)	651,523	5.1
Prematurity ¹		
(765–769)	438,351	2.8
Sudden Infant death syndrome		
(798)	313,555	2.0
Acquired immunodeficiency		
syndrome**	246,823	3.6
Cerebrovascular disease		
(430-438)	232,583	61.3
Chronic liver diseases		
and cirrhosis		
(571)	225,028	10.9
Pneumonia and influenza		
(480-487)	166,389	29.2
Chronic obstructive		
pulmonary diseases		
(490-496)	127,889	31.3
Diabetes mellitus		
(250)	126,652	15.1

^{*}For details of calculation, see footnotes to Table V, MMWR 1988;37:45.

^{*}Cause-specific mortality rates as reported in the National Center for Health Statistics' Monthly Vital Statistics Report are compiled from a 10% sample of all deaths.

⁵Equivalent to accidents and adverse effects.

Category derived from disorders relating to short gestation and respiratory distress syndrome.

^{**}Reflects CDC surveillance data.

SIDS - Continued

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Epidemiologic Notes and Reports

Multistate Outbreak of Sporotrichosis in Seedling Handlers, 1988

Between April 23 and June 30, 1988, 84 cases of cutaneous sporotrichosis occurred in persons who handled conifer seedlings packed in Pennsylvania with sphagnum moss that had been harvested in Wisconsin. An outbreak-related case was defined as physician-diagnosed sporotrichosis in a person who had handled seedlings and/or moss. Confirmed cases occurred in 14 states: New York, 29 cases; Illinois, 23; Pennsylvania, 12; Ohio, five; Wisconsin, three; Connecticut, North Carolina, and Vermont, two each; and Indiana, Iowa, Massachusetts, Michigan, New Hampshire, and Virginia, one each. Each of these persons handled seedlings from April 4 to May 16; symptoms developed between April 23 and June 30.

Thirty-one (37%) cases occurred in state forestry workers and garden club members who participated in annual tree distributions in which seedlings were separated from one another, repacked in moss, and distributed to area residents, in addition, 12 patients had received seedlings through these distributions, 38 had purchased seedlings directly from nurseries, and three were nursery workers. All patients had contact with seedlings distributed by two Pennsylvania nurseries. Sporothrix schenckii was cultured from skin lesions of 38 persons and from five samples of unopened bales of moss obtained from one nursery.

Sphagnum moss harvested in Wisconsin is shipped to nurseries in more than 15 states, and the involved Pennsylvania nurseries ship seedlings and moss to 47 states. Further epidemiologic and laboratory investigations are under way.

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Sporotrichosis - Continued

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Editorial Note: Sporothrix schenckii is a dimorphic fungus found in moss, hay, soil, and decaying vegetation. Previous outbreaks associated with Wisconsin sphagnum moss have occurred (1–3). The largest reported U.S. outbreak involved 17 forestry workers in 1976 (2).

Sporotrichosis most commonly presents as papules or skin ulcers on the upper extremities with lymphangitic spread and painful lymphadenopathy. It is frequently misdiagnosed, resulting in delay of appropriate oral potassium iodide therapy. Incision and drainage are contraindicated as they may worsen skin lesions. Amphotericin B is reserved for disseminated disease, which occurs rarely.

Clinicians should consider sporotrichosis in patients with chronic cutaneous lesions and appropriate exposure histories. Protective clothing (e.g., gloves and long-sleeved shirts) should be worn when potentially infected materials such as sphagnum moss or seedlings are handled.

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Human Plague - United States, 1988

As of September 1, 14 nonfatal cases of human plague had been reported in the United States during 1988 (Table 1). Ten cases were in males, and patients' ages ranged from 8 to 82 years. One case occurred in February, three in June, six in July,

TABLE 1. Human plague cases - United States, 1988

Case no.	Date of onset	Age	Sex	Race*	Type	County	State
1	2/14	41	M	С	Bubonic	Pecos	Tex.
2	6/3	30	M	C	Bubonic	Costilla	Colo.
3	6/7	12	M	AI(Z)	Bubonic, meningitis	McKinley	N.M.
4	7/6	82	M	C	Bubonic	Chaffee	Colo.
5	7/12	30	M	C	Bubonic	Santa Fe	N.M.
6	7/13	8	M	AI(N)	Bubonic	McKinley	N.M.
7	7/14	19	M	C	Bubonic	Monterey	Calif.
8	7/16	23	M	C	Bubonic	La Plata	Colo.
9	7/24	8	F	C	Bubonic	Santa Fe	N.M.
10	8/13	11	F	AI(N)	Bubonic	McKinley	N.M.
11	8/22	9	F	C	Bubonic	Fresno	Colo.
12	8/24	79	M	AI(N)	Septicemic, mild	McKinley	N.M.
13	8/27	33	M	C	Bubonic	Fremont	Colo.
14	6/24	37	F	С	Bubonic	Coconino/ Gila	Ariz.

^{*}C = Caucasian, Al = American Indian, Z = Zuni, N = Navajo.

Human Plague - Continued

and four in August. Each resulted from exposure to sources of wild rodent plague in the western United States: four cases were acquired in Colorado, six in New Mexico, two in California, and one each in Arizona and Texas. The cases in Pecos County, Texas, and Costilla County, Colorado, are the first human cases reported from these counties, although wild rodent plague has been detected frequently in both areas.

Seven of the cases presented interesting epidemiologic and/or clinical features:

Case 1. A 41-year-old man was exposed while training falcons in rural areas near Fort Stockton, Pecos County, Texas. The patient presumably acquired infection from a falcon, either through a talon scratch or transfer of an infected flea acquired from rodent prey. The patient developed a left axillary bubo, indicating the site of infection. He denied rodent and ectoparasite contact and claimed his falcons were trained to prey on birds. Immediately before and during his onset of illness, a widespread plague epizootic was occurring in west Texas (12 counties) among Cotton rats (Sigmodon hispidus), field mice (Peromyscus species), wood rats (Neotoma albigula), and cottontail rabbits (Sylvilagus auduboni).

Case 2. A 30-year-old male Albuquerque resident acquired his plague infection by skinning a cottontail rabbit in Costilla County, Colorado. He became ill June 3, 2 days after skinning the rabbit. Usually, cases associated with rabbit hunting occur between

October and February.

Case 3. Illness in a 12-year-old Zuni Indian boy was diagnosed promptly as plague and treated with oral tetracycline and intravenous gentamicin. He appeared to recover until the sixth day after onset, when he had headaches and recurrence of fever. Physical examination revealed spinal rigidity, and plague meningitis was diagnosed. The boy then was given chloramphenical and has recovered.

Case 4. An 82-year-old male summer resident of Salida, Chaffee County, Colorado, was hospitalized after he had been found semicomatose approximately 36 hours after collapsing in his home. He was initially treated for cardiac arrythmia (supraventricular tachycardia). Plague was suspected on the third day of hospitalization when an inguinal bubo was noted and the patient revealed he had been shooting prairie dogs

and ground squirrels near his summer home.

Case 7. A 19-year-old male Army recruit had received 0.1 mL Plague Vaccine, U.S.P. (Cutter Biological), intramuscularly (IM) in August 1987 and a 0.2 mL booster dose IM in November 1987. On July 14, 1988, he had onset of illness and was hospitalized with fever, malaise, an inguinal bubo, and multiple insect bites on both legs. He was treated with tetracycline and chloramphenicol and recovered. Exposure to infection probably occurred during military training maneuvers at Fort Hunter Liggett in Monterey County, California. This area is a plague focus that principally involves California ground squirrels (Spermophilus beecheyi) and their fleas. During a field investigation in the maneuver area, an intensive localized epizootic was detected and Yersinia pestis isolated from fleas.

Case 8. A 23-year-old man who resides in Houston, Texas, was exposed to infection while vacationing in the Vallecito Reservoir area northeast of Durango, La Plata County, Colorado. Environmental investigations of the reservoir area revealed

an epizootic in golden mantled ground squirrels (Spermophilus lateralis).

Case 14. A 37-year-old woman residing in Kingman, Arizona, had onset of illness on June 24 and was hospitalized June 26. Gram-negative rods isolated from blood cultures were not identifiable by the hospital laboratory and were sent to the Arizona State Public Health Laboratory for identification. However, the culture was grossly

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contaminated and could not be tested. The patient had been treated with various antibiotics, including gentamicin, and had recovered without complications after 18 days of hospitalization. In late August, the hospital laboratory, in evaluating a new bacterial identification system, tested a culture from the patient and identified it as Y. pseudotuberculosis. The state health laboratory identified and CDC confirmed the culture as Y. pestis.

The source of this patient's infection is unknown. She had traveled with her dog to northern Arizona, including the plague-endemic areas of Coconino and Gila counties, and had been back in the Kingman area – not known as a plague focus – for 9–10 days before onset. The interval between her return home and onset of illness supports the hypothesis that her dog acquired plague-infected fleas during the trip and that one or more of these bit the patient sometime after her return.

Other cases. The remaining cases of confirmed plague infections in 1988 were clinically typical of plague. The cases originated in plague-endemic areas of New Mexico, Arizona, or California, and illnesses were diagnosed early and treated appropriately.

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Editorial Note: More than 90% of human plague infections occur in the southwestern United States—particularly in New Mexico, Arizona, California, and Colorado (1; CDC, unpublished data). However, plague may occur in residents of or visitors to areas of other western states. In 1988, three of the four Colorado patients (cases 1, 4, and 8) were visitors to the state, and all were hospitalized in areas where human plague is occasionally recognized. Diagnosis would probably have occurred later for two of the patients had they returned to their nonendemic home states before onset of illness. The Arizona patient (case 14) probably was exposed to infected fleas that infested her dog while she and her dog visited plague-endemic areas of the state. She developed an inguinal bubo, consistent with cases of flea-bite origin.

Typically, more than half of human plague cases occur in males (137 [57%] of the 239 cases from 1975 to 1987), and approximately half occur in persons <20 years old (1; CDC, unpublished data). Ten (71%) of the 14 cases in 1988 have been in males, and the mean patient age was 30.1 years, although this average is skewed by the two patients >75 years of age.

From 1975 through 1987, 30% of all human plague cases were in Native Americans (2). This trend continues in 1988; four (29%) of the 14 patients were members of the Navajo and Zuni Tribes. Risk factors for Native Americans include residence in plague foci and lifestyle (e.g., sheepherding, hunting of prairie dogs and rabbits, and living in rustic dwellings [e.g., hogans] that may attract rodents).

Plague Vaccine, U.S.P., is commercially available from Cutter Biological in Berkeley, California, and is recommended for persons repeatedly exposed to possible plague infection (laboratory personnel or persons with frequent and regular contact with rodents in plague-infected areas). The manufacturer's recommended adult dosage is

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one dose of 1.0 mL, followed by a second dose of 0.2 mL given 4–12 weeks after the first injection. A second booster of 0.2 mL is suggested 3–6 months after the first booster. Additional boosters of 0.1–0.2 mL each are advised at 6-month intervals as long as risk of exposure persists. This schedule differs from that recommended by the Immunization Practices Advisory Committee of the Public Health Service, which suggests two doses of 0.5 mL Plague Vaccine ≥4 weeks apart, followed by a third dose of 0.2 mL 1–3 months after the second injection (3). The two-dose regimen given in case 7 did not prevent infection or serious illness, although the course of illness might have been more severe without prior vaccination. That patient reportedly had evidence of multiple insect bites on the legs, and the severity of illness may have been related to the dose of plague organisms inoculated.

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The data in this report are provisional, based on weekly reports to CDC by state health departments. The reporting week concludes at close of business on Friday; compiled data on a national basis are officially released to the public on the succeeding Friday. The editor welcomes accounts of interesting cases, outbreaks, environmental hazards, or other public health problems of current interest to health officials. Such reports and any other matters pertaining to editorial or other textual considerations should be addressed to: Editor, Morbidity and Mortality Weekly Report, Centers for Disease Control, Atlanta, Georgia 30333.

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